

CERTIFIED and Professional Counselors International
Revised July 25th 2022

COMPETENCE
HMA® = Holistic Medicine of
Addiction Cert
S= SUGAR C/L
O = Other

L = Licensed
O = Online
C = Clinic
R = Retreats
W = Workshops

	Company/clinic	Where	Name	Contact information	Specialist	HMA, SUGAR C/L, OTHER	BIOCHEMICAL REP.	FOODPLANS, B = Basic	SUGAR SL, ADDIS A/AD/L	BREATHING INSTRUCTOR	NATIVE LANGUAGE	ONLINE / CLINIC	GASTRIC BYPASS	PARENT SUPPORT
CANADA	ADDICTIONS UN PLUGGED	Toronto Ontario	Dr Vera Tarman	veratarmanmd@gmail.com	M.D. addiction specialist	O					ENG	O C	X	
	RENASCENT	Toronto Ontario	Dr. Vera Tarman	+ 1 416-927-1202 info@renascent.ca	M.D. Residential treatment	O		X			ENG	C	X	
	ACORN	Canada	Amanda Leith Addiction Counselor/ Facilitator	+ 1 941-378-2122. rmccumber@foodaddiction.com	Specialize in food/sugar addiction treatment	O		X	SL		ENG	C	X	
	FOODADDICTION HELP	Ontario Canada	Clarissa Kennedy	+1 905 977 0230 crissy_kennedy@hotmail.com	Food Addiction Counsellor, Registered Social Worker, Mental Health and Addictions Counsellor	HMA S		B			ENG	O C		X
	Jayn's Addiction	Victoria Canada and UK	Jayn Steele	+1 778-957-1986 info@sugartest.net	Food Addiction Counselor and Addiction Recovery Coach	HMA O		X	SL		ENG	O		X
	Rachel Murray Holistic Nutrition	Ontario Canada	Rachel Murray	+1- 519-216-4505 Rachelmurraynutrition@gmail.com	Reg. Nurse Reg, Holistic Nutritionist Nutrition Teacher	HMA S	X	X	SL		ENG	O C	X	X

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USA	Trigger free nutrition Sugar x global	Boston area	David Avram Wolfe	david@triggerfreenutrition.com Online Treatment here	Registered Dietitian and Sugar Addiction Coach	HMA S	X	X	SL		ENG	O	X	
	Myers Morrisson	Chicago	Cynthia Myers-Morrison	cynthiajmm@gmail.com +1 215 353 7034	Ed.D Sugar/food addiction	O HMA S	X	X	SL		ENG	O	X	X
	ACORN	Florida	Amanda Leith Addiction Counselor/ Facilitator	+ 1 941-378-2122. rmccumber@foodaddiction.com	Specialize in food/sugar addiction treatment	O		X	SL		ENG	C	X	
	Unsugared	Montana	Molly Painschab	molly@mpainschab.com +1 406 219 7351	LCPC, LAC, CFAC, CLC, Addiction specialist	O HMA S		X			ENG	O C		
	Peace of Keto Sugar x global	Grand Island Nebraska	Anna Fruehling	annasancestralhealth@gmail.com +1 402-660-0714	PHC, CKC, Diabetes T2	HMA S	X	X	SL		ENG	O		X
	Judy Wolfe Sugar x global	Worcester Massachusetts	Judy Wolfe	judywolfefacoach@gmail.com	Long term recovery	HMA S		X	SL		ENG	O		

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Sarah Reiff	Raleigh North Carolina	Sarah Reiff	sarah@nutritionbynatureenc.com	Nutritional Therapist ; Food addiction	S		X	SL		ENG	O IRL	X	X
Jennifer Bradley	Hartford Connecticut	Jennifer Bradley	Jennifer.lynne.bradley@gmasil.com	Mental Health BSW	HMA S		X	SL		ENG	O		
Barbara Chiles	Austin, Texas	Barbara Chiles	Barbarachiles6@gmail.com	Sugaraddiction LCHF foodplans	S		X	SL		ENG	O		
Peaceful Purpose	Seattle, WA	Shelly Hutson	shellyhutson@gmail.com	Food addiction Emotional Eating	HMA IIN	X	X	SL		ENG	O	X	X
KM Health Coaching	Warsaw Indiana, USA	Monica Boyer	+1 219-209-3687 monica@ketomomcoaching.com	Cert. Ketogenic Living Coach Cert. Life Coach SUGAR addiction	HMA S		X	SL		ENG	O	X	
Tia M Reid	Chester, Illinois	Tia M Reid	+1-618-615-1274 reidtia@gmail.com	LCHF/Keto Nutrition SUGAR addiction, Metabolic Health Practitioner	HMA S		X	SL		ENG	O		

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MEXICO	sandragcolores.com	Guadalajara, México		info@sandragcolores.com +33 35 55 11 30	Integral Nutrition psychotherapy Training: Gestalt psychotherapy, dance move psychotherapy, Human development.					X	SPA	O C	X	X
CHILE	academia del Bienestar	Chile and UK	Esmeralda Herrera	esmeralda@australsolutions.com +569 89 00 79 69	Therapist in Tapping and Matrix, Mindfulness Health Coach in Integrative Nutrition specialized in Gut and Hormonal Health	HMA S			SL		SPA ENG FRE	O		

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AUSTRALIA	Sugardreams	Australia	Monica Colmsjö	+61 412 733 579 monica@sugardreams.com.au	Nutritionist Food Addiction Counselor	S	X	X	SL		ENG SWE	O	X	
ISRAEL	www.zlivneh.com	Israel	Zippy Livneh Reg. Nurse SUGAR cert.	zlivneh@gmail.com +972-55-6644854	Registered Nurse, BsC, MBA. Food addiction specialist	O S	X	B	SL		HEB ENG	O C	X	X
		Israel	Li-Or Davidson Goldman	+972 54 588 5371 sesep1115@gmail.com	BS Biology/ Social Worker/CAP/ IFAC/ Somatic Experiencing Practitioner/	O		B			ENG HEB	O C		X
ITALY		Domodossola	Aurora Ramon Maylet	draauroraramon@hotmail.com	M.D. Pediatrics	S			SL		ENG SPA ITA	O		
FRANCE	Addictions alimentaires	Paris and Dreux	Anne Bories	anne.b111@yahoo.fr +33 6 45 24 46 10	Troubles du comportement alimentaire	O					FRE ENG			
SPAIN	Eva Flech	Spain	Eva Flech	evaflech@gmail.com +34 693 346 266	Nutritional Therapist, food addiction and metabolic health	HMA	X	X			SPA ENG	O		

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SWEDEN	Be Me In Balance	Sweden Östersund	Maria Kvärnsten	info@kvarnstens.se +46 70-298 60 09	Hormones	HMA	X	X		X	SWE ENG	O C		
		Sweden Umeå	Ramona Söder	blahund.vs.rodhund@gmail.com +46 70-524 43 99	Sugar addiction	HMA S	X	X	SL		SWE ENG	O		
	Annicas InSpira	Sweden Gunnars-skog Arvika	Annica Strandberg- Schmidt	recovery@annicasinspira.com + 46 73-052 70 67	Children/family 12 step intro	HMA	X	X	SL	X	SWE ENG	O		X
	Elin Holmqvist	Sweden Tierp (Uppsala / Gävle)	Elin Holmqvist	hej@elinholmqvist.se +46 70-229 91 93 "elinsskaffereri (instagram)	Sugar addiction therapist, teacher, Parental support, school support, youth support, coaching, courses, treatments, and staff organizer with a focus on collectors	HMA	X	X	SL		SWE ENG	O W		X
	Sockerskolan	Sweden Stockholm	Jessica Eibladh Jennifer Waters Blockert Louice Rönnemark	Info@sockerskolan.se Jes: +46 70 999 88 95 Jen +46 70 876 71 62	Sugar addiction Biochemical repair Groups	HMA S	X	X	SL AL		SWE ENG	O C	X	
	Vitalized by Tallberg	Sweden Stockholm	Sofie Tallberg	sofie@vitalizedbytallberg.se	Sugar addiction, Biohacking, KETO Self optimization, Exercise, Biochemistry, Lifestyle changes, Relapse prevention	HMA	X	X			SWE ENG	O	X	X

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SWEDEN	Sannas Recovery Coaching	Sweden Göteborg	Sanna Åbonde	sanna@recoverycoachen.com +46 70-771 26 77	Sugar addiction & eating disorder Relapse prevention Body consciousness Individual treatment plans	HMA S	X	X	SL		SWE ENG	O C	X	
	Arteget AB	Sweden Malmö Helsingborg	Kicki Käller	kicki@arteget.se +46 40 43 00 80	Spec.	HMA	X	X		X	SWE ENG	O C	X	X
	Artirawellness	Sweden Malmö	Ira Gyllingberg	ira@artira.se +46 70-570 36 02	Physical activity	HMA	X	X			SWE ENG	O C		X
	Leva Sockerfri	Sweden Linköping	Frida Sandin Charlotte Schön Poulsen	info@levasockerfri.se + 46 76-027 40 39	Retreats in Sweden and Spain Individual treatment plans Microbiome SUGAR certified/licensed	HMA S	X	X	SL		SWE ENG	O C R		X
POLAND & GERMANY		Poland Germany	Aleksandra Dobrov	ola.dobrov@gmail.com + 48 787 282 878	Nutritional specialist, LCHF/keto						ENG POL GER CHE RUS	O		

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FINLAND	ADDIX	Finland	Hannamari Rahkonen	Hannamari.rahkonen@addix.fi	Addiction treatment, Sugaraddiction, Intensives	HMA S	X	X	SL		FIN ENG	O C		
	Ruoka ja riippuvuus-hanke	Finland	Marianne Luojola Suvi Björkqvist Jutta Salmela	ruokariippuvuus@myllyhoito.fi +358 40 570 5183	Food addiction specialists	O		X			FIN SWE ENG	O R	X	
DENMARK	Spis Rigtig Mad	Denmark Glyngøre	Helle Madsen	spisrigtigmad@gmail.com +45 294 79 917	Sugar addiction specialists	HMA S			SL		DAN ENG	O C		
NORWAY	Frisk uten sukker	Norway Harestua	Bente Josefsen	bente@friskutensukker.no	Sugar addiction counselor Healthcare counselor Communication	HMA S		X	SL		NOR	O		

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ENGLAND (UK)	www.huntsland-nutrition.com	UK	Heidi Giever	heidigiaever@yahoo.com +44 (0)7707 840 082	Specialty Diabetes T2	HMA S			SL		ENG NOR SWE	O		
	Fork in the road	UK	Dr. Jen Unwin	jenunwin@hotmail.co.uk	Consultant Clinical Health Psychologist	HMA			SL		ENG	O		
	Resolve food addiction and services in Spanish speaking countries	UK	Dr. Eva Clemente Dr. Raquel Delgado	eva@resolvefoodaddiction.com raquel@resolvefoodaddiction.com	Registered Medical doctors MBBS GPs/family Physicians Medicos de Familia Pre-diabetes, Type 2 Metabolical syndrome	HMA		X			ENG SPA	O C		
	Mel Martin Nutrition	UK	Mel Martin	mel@melmartinnutrition.com	Nutritional Therapist diplON Metabolic Health, weight loss, type 2Diab, Food addiction	HMA S	X	X	SL		ENG	O	X	X