

CERTIFIED and Professional Counselors International
Revised February 19th 2021

COMPETENCE
HAM = Holistic Addiction
Medicine Cert
INF = Certified Food Addiction
Counselor
O = Other

L = Licensed
O = Online
C = Clinic
R = Retreats
W = Workshops

	Company/clinic	Where	Name	Contact information	Specialist	HAM, INF, OTHER	BIOCHEMICAL REP.	FOODPLANS	SUGAR SL, ADDIS A/AD/L	BREATHING INSTRUCTOR	NATIVE LANGUAGE	ONLINE / CLINIC	GASTRIC BYPASS	PARENT SUPPORT
CANADA	ADDICTIONS UN PLUGGED	Toronto Ontario	Dr Vera Tarman	veratarmanmd@gmail.com	M.D. addiction specialist	O		O			ENG	O C	X	
	RENASCENT	Toronto Ontario	Dr. Vera Tarman	+ 1 416-927-1202 info@renascent.ca	M.D. Residential treatment	O		X			ENG	C	X	
	ACORN	Canada	Amanda Leith Addiction Counselor/ Facilitator	+ 1 941-378-2122. rmccumber@foodaddiction.com	Specialize in food/sugar addiction treatment	O		X			ENG	C	X	
	FOODADDICTION HELP	Ontario Canada	Clarissa Kennedy	+1 905 977 0230 crissy_kennedy@hotmail.com	Food Addiction Counsellor, Registered Social Worker, Mental Health and Addictions Counsellor	INF		Basic	SL		ENG	O C		X
	Jayn Steele – Food Addiction Assessment & Coaching	Victoria Canada	Jayn Steele	+1 778-957-1986 steelejayn@gmail.com	Food Addiction Counselor and Addiction Recovery Coach	INF HAM O		X	SL		ENG	O		X

USA	Triggerfreenutrition	Boston area	David Avram Wolfe	david@triggerfreenutrition.com Online Treatment here	Registered Dietitian and Sugar Addiction Coach	INF	X	X	SL		ENG	O	X	
		Chicago	Cynthia Myers-Morrison	cynthiaimm@gmail.com +1 215 353 7034	Ed.D	O INF IIN		X	SL		ENG	O	X	
	ACORN	Florida	Amanda Leith Addiction Counselor/ Facilitator	+ 1 941-378-2122. rmccumber@foodaddiction.com	Specialize in food/sugar addiction treatment	O		X			ENG	C	X	
	SHE RECOVERS	Florida	Shelly Dimitrijevic	shelly@sherecovers.co	RN, CPRC, SRCD,	O					ENG	O		
	FOOD ADDICTION INSTITUTE	International									ENG			
	mpainschab.com	Montana	Molly Painschab	molly@mpainschab.com +1 406 219 7351	LCPC, LAC, CFAC, CLC	INF L		X			ENG	O C		
	Peace of Keto	Grand Island Nebraska	Anna Fruehling	annasancestralhealth@gmail.com +1 402-660-0714	PHC, CKC, Diabetes T2	HAM	X	X	SL		ENG	O		X
	Judy Wolfe	Worcester Massachusetts	Judy Wolfe	judywolfefacoach@gmail.com	Long term recovery	INF HAM		X	SL		ENG	O		
ISRAEL	www.zlivneh.com	Israel	Zippy Livneh Reg. Nurse SUGAR cert.	zlivneh@gmail.com +972-55-6644854	Registered Nurse, BsC, MBA. Food addiction specialist	O	X	Basic	SL		HEB ENG	O C	X	X
		Israel	Li-Or Davidson Goldman	+972 54 588 5371 sesep1115@gmail.com	BS Biology/ Social Worker/CAP/ IFAC/ Somatic Experiencing Practitioner/	O INF		Basic			ENG HEB	O C		X
AUSTRALIA	Sugardreams	Australia	Monica Colmsjö	+61 412 733 579 monica@sugardreams.com.au	Nutritionist Food Addiction Counselor	INF	X	X			SWE ENG	O	X	
	Vanessa Kredler	Australia	Vanessa Kredler	+61 498 877 404 Vanessa.kredler@gmail.com	Coach, psychotherapist, food addiction counselor	INF		Basic			ENG GER	O C		

SWEDEN	Be Me In Balance	Sweden Östersund	Maria Kvärnsten	info@kvarnstens.se +46 70-298 60 09	Hormones	HAM	X	X		X	SWE ENG	O C		
	Annicas InSpira	Sweden Gunnars-skog Arvika	Annica Strandberg	recovery@annicasinspira.com + 46 73-052 70 67	Children/family 12 step intro	HAM	X	X	SL	X	SWE ENG	O		X
	Elin Holmqvist	Sweden Tierp (Uppsala / Gävle)	Elin Holmqvist	hej@elinholmqvist.se +46 70-229 91 93 "elinsskafferi (instagram)	Sugar addiction therapist, teacher, Parental support, school support, youth support, coaching, courses, treatments and staff organizer with a focus on collectors	HAM	X	X	SL		SWE ENG	O W		X
	Sockerskolan	Sweden Stockholm	Jessica Eibladh Cristina Krügnell Jennifer Waters Falk	info@sockerskolan.se J: +46 70 999 88 95 C: +46 70 781 14 28 Jen +46 70 876 71 62	Sugar addiction Biochemical repair Groups	HAM	X	X	SL AL		SWE ENG	O C	X	
	Vitalized by Tallberg	Sweden Stockholm	Sofie Tallberg	Sofie.tallberg@gmail.com	Sugaraddiction, Biohacking, KETO Selfoptimization, Exercise, Biochemistry, Lifestyle changes, Relapse prevention	HAM	X	X			SWE ENG	O	X	X
	Sannas Recovery Coaching	Sweden Göteborg	Sanna Åbonde	sanna@recoverycoachen.com +46 70-771 26 77	Sugar addiction and eating disorder, Body Image	HAM	X	X			SWE ENG	O C	X	
	Arteget AB	Sweden Malmö Helsingborg	Kicki Käller	kicki@arteget.se +46 40 43 00 80	Spec.	HAM	X	X		X	SWE ENG	O C	X	X
	Artirawellness	Sweden Malmö	Ira Gyllingberg	ira@artira.se +46 70-570 36 02	Physical activity	HAM	X	X			SWE ENG	O C		X

SWEDEN	Leva Sockerfri	Sweden Linköping	Frida Sandin Charlotte Schön Poulsen	info@levasockerfri.se + 46 76-027 40 39	Retreats in Sweden and Spain Individual treatment plans Microbiome SUGAR certified/licensed	HAM	X	X	SL		SWE ENG	O C R		X
POLAND & GERMANY		Poland Germany	Aleksandra Dobrov	ola.dobrov@gmail.com + 48 787 282 878	Nutritional specialist, LCHF/keto						ENG POL GER CHE RUS	O		
ICELAND	Matarfíkn	Reykjavik Iceland	Esther Helga Gudmundsdottir	matarfíkn@matarfíkn.is +354-568-3868 / +354-699-2676	IC&RC certified as Addiction Counselor and Clinical Supervisor, Clinical Hypnotherapist	INF O		X			ICE ENG	O C	X	
FINLAND	Ruoka ja riippuvuus- hanke	Finland	Marianne Luojola Suvi Björkqvist Jutta Salmela	ruokariippuvuus@myllyhoito.fi +358 40 570 5183	Food addiction specialists	O		X			FIN SWE ENG	O R	X	
DENMARK	Spis Rigtig Mad	Glyngøre	Helle Madsen	spisrigtigmad@gmail.com +45 294 79 917	Sugar addiction specialists	X			SL		DAN ENG	O C		

NORWAY	Frisk uten sukker	Harestua	Bente Josefsen	bente@friskutensukker.no	Sugar addic9tion counselor Healthcare counselor Communication	X		X	SL			O		
UK / NORWAY	www.huntsland-nutrition.com	UK Norway	Heidi Giever	heidigiaever@yahoo.com +44 (0)7707 840 082	Specialty Diabetes T2	HAMS			SL		ENG NOR SWE	O		
ENGLAND (UK)		UK	Dr. Jen Unwin	jenunwin@hotmail.co.uk	Consultant Clinical Health Psychologist	HAMS			SL		ENG	O		
ITALY		Domodossola	Aurora Ramon Maylet	draauroraramon@hotmail.com	M.D. Pediatrics						ENG SPA ITA	O		
CHILE	academia del Bienestar	Chile	Esmeralda Herrera	esmeralda@australsolutions.com +569 89 00 79 69	Therapist in Tapping and Matrix, Mindfulness Health Coach in Integrative Nutrition specialized in Gut and Hormonal Health						SPA ENG FRE			

FRANCE	Addictions alimentaires	Paris and Dreux	Anne Bories	anne.b111@yahoo.fr +33 6 45 24 46 10	Troubles du comportement alimentaire	INF					FRE ENG			
MEXICO	sandragcolores.com	Guadalajara, México	Sandra Patricia Guevara Colores	info@sandragcolores.com +33 35 55 11 30	Integral Nutrition psychotherapy Training: Gestalt psychotherapy, dance move psychotherapy, Human development.					X	SPA	O C	X	X