

CERTIFIED and Professional Counselors International
Revised August 18th, 2019

COMPETENCE
HAM = Holistic Addiction
Medicine Cert
INF = Certified Food Addiction
Counselor
O = Other

O = Online
C = Clinic
R = Retreats

	Company/clinic	Where	Name	Contact information	Specilist	HAM, INF, OTHER	BIOCHEMICAL REP.	FOODPLANS	SUGAR S, ADDIS, A/AD	BREATHING INSTRUCTOR	NATIVE LANGUAGE	ONLINE / CLINIC	GASTRIC BYPASS	PARENT SUPPORT
CANADA	ADDITIONS UN PLUGGED	Toronto Ontario	Dr Vera Tarman	veratarmanmd@gmail.com	M.D. addiction specialist	O		O			ENG	O C	X	
	RENASCENT	Toronto Ontario	Dr. Vera Tarman	+ 1 416-927-1202 info@renascent.ca	M.D. Resedential treatment	O		X			ENG	C	X	
	ACORN	Canada	Amanda Leith Addiction Counselor/ Facilitator	+ 1 941-378-2122. rmccumber@foodaddiction.com	Specialize in food/sugar addiction treatment	O		X			ENG	C	X	
	FOODADDICTION HELP	Ontario Canada	Clarissa Kennedy	+1 905 977 0230 crissy_kennedy@hotmail.com	Food Addiction Counsellor, Registered Social Worker, Mental Health and Addictions Counsellor	INF		Basic	S		ENG	O C		X
USA	Triggerfreenutrition	Boston area	David Avram Wolfe	david@triggerfreenutrition.com	Registered Dietitian and Sugar Addiction Coach	INF	X	X	S		ENG	O	X	

		Chicago	Cynthia Myers-Morrison	cynthiajmm@gmail.com +1 215 353 7034	Ed.D	O INF IIN			S						
USA	ACORN	Florida	Amanda Leith Addiction Counselor/ Facilitator	+ 1 941-378-2122. rmccumber@foodaddiction.com	Specialize in food/sugar addiction treatment	O		X			ENG	C	X		
	SHE RECOVERS	Florida	Shelly Dimitrijevic	shelly@sherecovers.co	RN, CPRC, SRCD,	O			S		ENG	O			
	FOOD ADDICTION INSTITUTE	International									ENG				
ISRAEL	www.zlivneh.com	Israel	Zippy Livneh Reg. Nurse SUGAR cert.	zlivneh@gmail.com +972-55-6644854	Registered Nurse, BsC, MBA. Food addiction specialist	O	x	Basic	S		HEB ENG	O C	X	x	
		Israel	Li-Or Davidson Goldman	+972 54 588 5371 sesep1115@gmail.com	BS Biology/ Social Worker/CAP/ IFAC/ Somatic Experiencing Practitioner/	O INF	-	Basic	S	-	ENG HEB	O C	-	X	
AUSTRALIA	Sugardreams	Australia	Monica Colmsjö	+61 412 733 579 monica@sugardreams.com.au	Nutritionist Food Addiction Counselor	INF	x	x	S		SWE ENG	O	X		
	Food Freedom Coaching	Australia	Vanessa Kredler												
SWEDEN	Sockerskolan	Sweden Stockholm	Jessica Eibladh Cristina Krügnell Jennifer Waters Falk	Info@sockerskolan.se J: +46 70 999 88 95 C: +46 70 781 14 28 Jen +46 70 876 71 62		HAM	X	X	S A		SWE ENG	O C	X		
	Arteget AB	Sweden Malmö Helsingborg	Kicki Käller	kicki@arteget.se +46 40 43 00 80	Spec.	HAM	X	X	S	X	SWE ENG	O C	X	X	
	Annicasinspira.com	Sweden Gunnars-skog Arvika	Annica Strandberg	recovery@annicasinspira.com + 46 73-052 70 67	Children/family 12 step intro	HAM	X	X		X	SWE ENG	O		X	
	Artirawellness	Sweden Malmö	Ira Gyllingberg	ira@artira.se +46 70-570 36 02	Physical activity	HAM	X	X			SWE ENG	O C		X	

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SWEDEN	Leva Sockerfri Solbackens	Sweden Linköping	Frida Sandin Charlotte Schön Poulsen	info@levasockerfri.se + 46 76-027 40 39	Detox, Microbiome, Retreats in Spain	HAM	X	X	S		SWE ENG	O C R		X
	Sannas Recovery Coaching	Sweden Göteborg	Sanna Åbonde	sanna@recoverycoachen.com +46 70-771 26 77	Sugaraddiction and eating diasorder, Body Image	HAM	X	X			SWE ENG	O C	X	
	Kvärnstens	Sweden Östersund	Maria Kvärnsten	info@kvarnstens.se +46 70-298 60 09	Hormones	HAM	X	X	S	X	SWE ENG	O C		
POLAND & GERMANY		Poland Germany	Aleksandra Dobrov	+ 48 787 282 878 ola.dobrov@gmail.com	Nutritional specialist, LCHF/keto				S		ENG POL GER CHE RUS	O		
ICELAND	Matarfíkn	Reykjavik Iceland	Esther Helga Gudmundsdottir	+354-568-3868 / +354-699-2676 matarfikn@matarfikn.is	IC&RC certified as Addicton Counselor and Clinical Supervisor, Clinical Hypnotherapist	INF O		X	S		ICE ENG	O C	X	
FINLAND	Ruoka ja riippuvuus- hanke	Finland	Marianne Luojola Suvi Björkqvist Jutta Salmela	ruokariippuvuus@myllyhoito.fi +358 40 570 5183	Food addiction specialists	O		X			FIN SWE ENG	O R	X	
DENMARK	Spis Rigtig Mad	Glyngøre	Helle Madsen	spisrigtigmad@gmail.com	Sugaraddiction specialists	X			S		DAN ENG	O C		

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NORWAY	www.friskutensukker.no	Harestua	Bente Josefsen	bente@friskutensukker.no	Sugaraddiction counselor Healthcare counselor Communication	X		X	S			O		
ITALY		Domodossola	Aurora Ramon Maylet	draauroraramon@hotmail.com	M.D. Pediatrics				S		ENG SPA ITA	O		